



**Is it permissible to go on a Vegan diet if one disagrees with the way animals are treated in this country, in terms of usage for meat and their milk or produce .etc?**

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ  
السَّلَامُ عَلَیْكُمْ وَرَحْمَةُ اللّٰهِ وَبَرَكَاتُهُ

All animals are not treat in the manner you describe - free range chickens and other animals are looked after.

However if a person chooses not to eat certain types of foods then there is no harm.

But if she makes it illegal on herself ie haram then it is not permissible. This is because only Allah declares what is permissible and impermissible.

وَاللّٰهُ اَعْلَمُ وَعِلْمُهُ اَحْكَمُ وَ اَنْتُمْ

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